



**"OWNING OUR STORY  
AND LOVING OURSELVES  
THROUGH THAT PROCESS  
IS THE BRAVEST THING  
WE'LL EVER DO."**

**BRENÉ BROWN**

led by: \_\_\_\_\_

**PATRICIA HOMESLEY**, LMSW, CDWF

at: \_\_\_\_\_

**PINKERTON PSYCHOTHERAPY**

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## **Daring Greatly Within Your Story**

**JANUARY 21 AND JANUARY 28**

Everyone has a story. This group is focused on discovering identity, where shame is possibly taking too much control, and what actions you can take to live life courageously, whole-hearted, and with vulnerability. The group will work within Daring Greatly by Brené Brown to discover who you are within your story and implement Daring Greatly in your daily life as a mother, father, daughter, son, co-worker, friend, etc. his group will meet from 9:00 am-12:00 pm with snacks, drinks, and curriculum provided.

\_\_\_\_\_ for more information: \_\_\_\_\_

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**COST \$300.00**