

A portrait of Jennifer Pinkerton, a woman with long, wavy, reddish-brown hair, resting her chin on her hand. She is wearing a black top and a gold and black bracelet. The background is dark.

MEDIA KIT

JENNIFER
PINKERTON

Pinkerton Psychotherapy

REDHEADREVEAL®

713.800.6999

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WWW.PINKERTONPSYCHOTHERAPY.COM

ABOUT ME

I am a psychotherapist, sexologist, writer, speaker, founder and host of REDHEADREVEAL® podcast, private practice owner of Pinkerton Psychotherapy, and the author of the book, The Good Rabbit. As a change agent, I help people reveal their connectedness within their relationships and sexuality understanding root causes of beliefs and behaviors that hold them back from success. I assist them in returning to the person they are born to be before they were limited by trauma.



2023 STATISTICS

 **4K**

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 **5K**

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 **11.1K**

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 **2.3K**

JENNIFER PINKERTON



REDHEADREVEAL® PODCAST

I am a connection expert
and emotional health
advocate sparking
conversation around
attachment wounds,
intimacy, and relationships
on my podcast
REDHEADREVEAL®.

AS SEEN IN

PaperCITY
MAGAZINE

SWOON

MODERN LUXURY
HOUSTON

VoyageHouston

New York Weekly

VOYAGE
New York

The Chicago Journal

THEAMERICANREPORTER

LOS ANGELES WIRE

Signature Topics

- ✓ Emotional Regulation
- ✓ Attachment Styles
- ✓ Emotional Trauma - Inner Child
- ✓ Sex and Intimacy
- ✓ Relationships and Marriage
- ✓ Parenting/Co-Parenting
- ✓ Forming Connections - Personal or Professional
- ✓ Dating in the Modern World
- ✓ Overcoming Anxiety
- ✓ Narcissist Relationship Recovery

Let's Work Together

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LICENSES/CERTIFICATIONS

- Masters of Science in Marriage and Family Therapy
- PhD Candidate in Clinical Sexology
- Sexologist
- Licensed Marriage and Family Associate
Supervised by Dr. Paula Boros, PhD, LMFT-S,
AAMFT Approved Supervisor
- Certified Trauma Professional
- Certified Personality Disorder Treatment Professional
- Gottman Method Couples Therapy - Level 1 Trained
- EMDR - Level 1 Trained
- EFT Externship
- IFS Trained



HIGHLIGHTS

COACHING

I offer a whole approach to emotional wellness. When you are my client, I am your champion. I provide my clients an environment full of trust, commitment and compassion. I want you to thrive in life and I will ride it out with you to get there.

SPEAKING

My speaking style is woven with my ability to connect with my audience and create a space to promote self-awareness and offer an opportunity for growth. I share my perceptions on relationships, emotional health, parenting, intimacy/sex and social musings – with an emphasis on personal purpose and progress. Applicable in both personal and professional life.

WORKSHOPS

I develop workshop curriculum that is tailored to the needs of my audience. My interactive workshops are equipped with the tools needed to produce growth in any facet of life.

AUTHOR

In my book, *The Good Rabbit*, I detail my husband's journey with sobriety and resilience.



SPEAKING SERVICES & RATES

1 Hour Virtual	\$500
1 Hour In-Person - Houston	\$1,000
1 Hour In-Person - Austin, Dallas, San Antonio areas	\$3,000
1 Hour In Person - Out of Texas	\$6,000