



Pinkerton Psychotherapy

DATE

FRIDAY, APRIL 12TH
12-1PM

COST

\$35 PER PERSON

LOCATION

9575 KATY FWY
STE 370
HOUSTON, TX 77024



LINDSEY GABRIEL
M.S., LPC-ASSOCIATE
SUPERVISED BY
JILL TUCKER LPC-S

ADHD WORKSHOP

FOR ADULTS DIAGNOSED WITH ADHD AND THEIR LOVED ONES

THIS WORKSHOP OFFERS

- Science-based information about ADHD and its treatment
- Symptoms
- How to get an accurate diagnosis
- Medication facts
- ADHD vs. anxiety
- Strategies to help develop strengths and achieve goals
- Executive functions - What are they? How do I fix my areas of weakness?
- List of free resources
- Handouts
- Feedback and support from the group

SIGN UP NOW

713.800.6999

ADMIN@PINKERTONPSYCHOTHERAPY.COM