



Pinkerton Psychotherapy

DATE

FRIDAY, APRIL 19TH
12-1PM

COST

\$35 PER PERSON

LOCATION

9575 KATY FWY
STE 370
HOUSTON, TX 77024



LINDSEY GABRIEL
M.S., LPC-ASSOCIATE
SUPERVISED BY
JILL TUCKER LPC-S

ADHD WORKSHOP

FOR PARENTS OF CHILDREN WITH ADHD

This workshop is designed to equip parents with strategies to manage Attention Deficit/Hyperactivity Disorder.

PARENTS WILL LEARN

- Science-based information about ADHD and its treatment
- Symptoms
- How to get an accurate diagnosis
- Medication facts
- ADHD vs. anxiety
- Parenting techniques
- How to work with schools to get support
- How to strengthen your child's academic and social skills
- Executive functions - What are they? How do I teach them to my child?
- List of free resources
- Handouts
- Feedback and support from the group

**CONTACT 713.800.6999 OR
ADMIN@PINKERTONPSYCHOTHERAPY.COM
TO SIGN UP**