

A close-up portrait of Jennifer Pinkerton, a woman with long, wavy, vibrant red hair. She is resting her chin on her right hand, looking directly at the camera with a slight smile. She is wearing a black top and a gold-toned bracelet with a large orange stone. The background is dark and out of focus.

MEDIA KIT

JENNIFER
PINKERTON

Pinkerton Psychotherapy

REDHEADREVEAL®

713.396.6670
INFO@REDHEADREVEAL.COM
WWW.JENNPINKERTON.COM

ABOUT ME

I am a psychotherapist, high performance coach, sexologist, writer, speaker, founder and host of REDHEADREVEAL® podcast, and private practice owner of Pinkerton Psychotherapy. As a change agent, I help people reveal their connectedness within their relationships and sexuality understanding root causes of beliefs and behaviors that hold them back from success. I assist them in returning to the person they are born to be before they were limited by trauma.



SOCIAL MEDIA STATISTICS

 **25K**

@JENNBPIKERTON

 **5K**

JENNIFER PINKERTON

 **19K**

@REDHEADREVEAL



REDHEADREVEAL® PODCAST

I am a connection expert and emotional health advocate sparking conversation around attachment wounds, intimacy, and relationships on my podcast REDHEADREVEAL®.

AS SEEN IN

PaperCITY
MAGAZINE

SWOON

MODERN LUXURY
HOUSTON

VoyageHouston

New York Weekly

VOYAGE
New York

The Chicago Journal

THEAMERICANREPORTER

LOS ANGELES WIRE

Signature Topics

- | | | |
|----------------------------------|--|-------------------------------|
| ✓ Emotional Regulation | ✓ Parenting/Co-Parenting | ✓ Heart Selling |
| ✓ Attachment Styles | ✓ Forming Connections - Personal or Professional | ✓ Overcoming Anxiety |
| ✓ Emotional Trauma - Inner Child | ✓ Dating in the Modern World | ✓ Sex and Intimacy |
| ✓ Relationships and Marriage | ✓ Narcissist Relationship Recovery | ✓ Healing Your Nervous System |

LICENSES/CERTIFICATIONS

- | | |
|---|---|
| <ul style="list-style-type: none"> • Masters of Science in Marriage and Family Therapy • PhD Candidate in Clinical Sexology • Sexologist • Licensed Marriage and Family Associate | <ul style="list-style-type: none"> • Certified Trauma Professional • Certified Personality Disorder Treatment Professional • Gottman Method Couples Therapy - Level 1 Trained • EMDR - Level 1 Trained • EFT Externship • IFS Trained |
|---|---|
- Supervised by Dr. Paula Boros, PhD, LMFT-S,
AAMFT Approved Supervisor



HIGHLIGHTS

COACHING

I offer a whole approach to emotional wellness. When you are my client, I am your champion. I provide my clients an environment full of trust, commitment and compassion. I want you to thrive in life and I will ride it out with you to get there.

SPEAKING

My speaking style is woven with my ability to connect with my audience and create a space to promote self-awareness and offer an opportunity for growth. I share my perceptions on relationships, emotional health, parenting, intimacy/sex and social musings – with an emphasis on personal purpose and progress. Applicable in both personal and professional life.

COURSES

TO DO BEFORE I DO™ is a self-paced online premarital course for seriously dating, engaged, newlywed, and married couples. Our course addresses core topics to build a strong foundation and a healthy marriage.