

PELVIC FLOOR & MENTAL HEALTH THROUGHOUT THE LIFESPAN

Virtual Webinar on Zoom

Thursday, November 6, 2025 12:00pm – 1:00pm CST



Jennifer Pinkerton
LMFT, CST



Kathryn Smyth
LCSW, PMH-C



Mamawah Bourque
PT, DPT



Karen Kowenski
PT, DPT, WCS



Sima Schach
PT, DPT, PCES, RYT

Join us for an informative and supportive discussion exploring how pelvic floor health and mental health intersect across the lifespan. Our panel of providers will share insights from diverse specialties, along with practical strategies you can use right away.

Register today to reserve your spot and receive the Zoom link: <http://bit.ly/4mg8RuL>

REGISTER NOW